

SPS Health Plan*

DUE TO ONGOING COVID-19 UPDATES, THIS HEALTH PLAN IS SUBJECT TO CHANGE AS DIRECTED BY LOCAL AND STATE LAW AND CDC RECOMMENDATIONS.

All staff, students and families have a shared responsibility for following policies to reduce transmission of COVID-19 while attending school each day. Schools have a mixed population and require preventative measures that protect all individuals. Student contact information must be up to date in Genesis.

Health plan for SPS related to COVID-19

The school nurse has the responsibility to stay informed regarding COVID-19 updates and how it applies to school nurse practice.

- **Parents/guardians must contact the school nurse directly to report an absence and must include the reason for the absence.** Parents should leave a voicemail if calling during hours when the school building is not open and may expect a call back from the nurse if follow up is needed.
- Parents and guardians should be mindful of any COVID-19 symptoms and contact their child's health care provider immediately.

Children SHOULD NOT COME TO SCHOOL if:

At least **two** of the following symptoms:

fever (measure or subjective), chills, rigors (shivers), myalgia (muscle aches), headache, sore throat, nausea or vomiting, diarrhea, fatigue, congestion or runny nose;

OR

At least **one** of the following symptoms:

new or worsening cough, shortness of breath, difficulty breathing, new olfactory disorder, new taste disorder.

For students with chronic illness, only new symptoms, or symptoms worse than baseline should be used to fulfill symptom-based exclusion criteria.

- All students will report directly to their assigned classroom on arrival. Faculty will contact the nurse with any student of concern reporting any signs of illness or changes in behavior/concerns with a student.
- Students needing health care during the school day will be safely kept separate from students with COVID-19 or other communicable disease symptoms.
- The school nurse will make the final decision regarding the disposition of someone with signs and symptoms of any illness.
- Any student who develops symptoms of COVID-19 during the school day will be required to wear a mask while waiting to be sent home. Parents/guardians

are asked to come promptly to pick up students that are being sent home for any illness.

- A confidential log will be kept of all students, household contacts, and staff who are reported with a documented positive COVID-19 test result along with the date they are cleared to return to school.
- The principal and vice principal will be informed daily of all absences and reasons for absences, any student or staff member with COVID-19 symptoms, any student or staff member reported with a positive test, and/or any student or staff member with known positive household members.
- If a person is exposed to the COVID-19 virus, regardless of vaccine status, follow the testing guidelines: [COVID-19 Testing: What You Need to Know | CDC](#)

When to get tested for COVID-19 | CDC

If you have symptoms, test immediately.

If you were exposed to COVID-19 and do not have symptoms, you may come to school, but must wear a mask through Day 10. Wait at least 5 full days after your exposure before testing. If you test too early, you may be more likely to get an inaccurate result.

If negative, come to school wearing a mask through 10 days post exposure and retest if symptoms appear during the 10 days

If positive, you must stay home and isolate for 5 days and may return to school on day 6, if no fever and symptoms are improving, wearing a mask through Day 10.

Layered mitigation measures to decrease risk of spread of COVID-19 and other communicable disease include:

- Hand hygiene with soap and water or approved hand sanitizer if soap and water not available.
- Cleaning and disinfecting is planned throughout the day for all high-touch surfaces and after school hours in the entire building. When necessary, sanitizing will be done throughout the school and additional campus buildings.
- Ventilation including door and windows open as much as possible; use of HEPA filters in high traffic areas.
- Vaccination and boosters are highly recommended following CDC guidelines. It is the responsibility of parents/guardians to submit all updated vaccine records to the school nurse in a timely manner.

* **Current version released September 1, 2022**

Previous revisions: March 28, 2022; January 24, 2022, January 5, 2022; August 18, 2021; January 7, 2021; November 3, 2020;

Original version: July 28, 2020